

West Spring Primary School

P1-2024 P1 Orientation

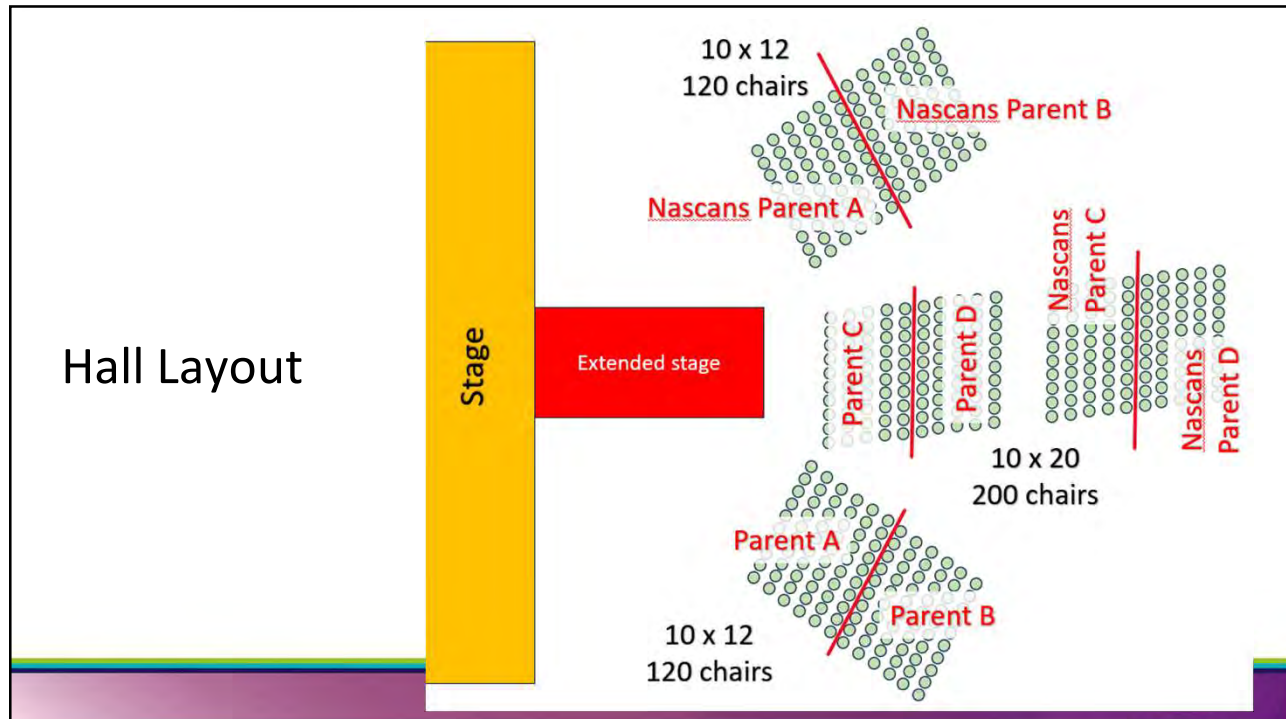
4 Nov 2023, Saturday



Learners driven by Passion . Leaders guided by Values
Respect . Responsibility . Resilience . Integrity . Care . Harmony








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Overview

- ❖ Today's Programme *(YH)*
- ❖ What is school like in Primary School? *(Principal)*
- ❖ West Spring Primary School *(Principal)*
- ❖ Transition to Primary 1 *(YH)*
- ❖ School-Home Partnership *(Vice Principal)*
- ❖ Cyberwellness *(Teacher)*
- ❖ What's next for today? *(YH)*


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Today's Programme

Time	Students	Time	Parents
0800 - 0915	Class Activities and school tour	0800 - 0915	Parents' Engagement
0915 - 0945	Class Activities	0915 - 0945	School Tour
0950	Dismissal	0945	Dismissal

NASCANS stays in classrooms
Rest go Gate for dismissal

NASCANS Parents go PAL Rooms
Rest proceed out the Gate to receive the students



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Principal's Time



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What is it like in Primary School?



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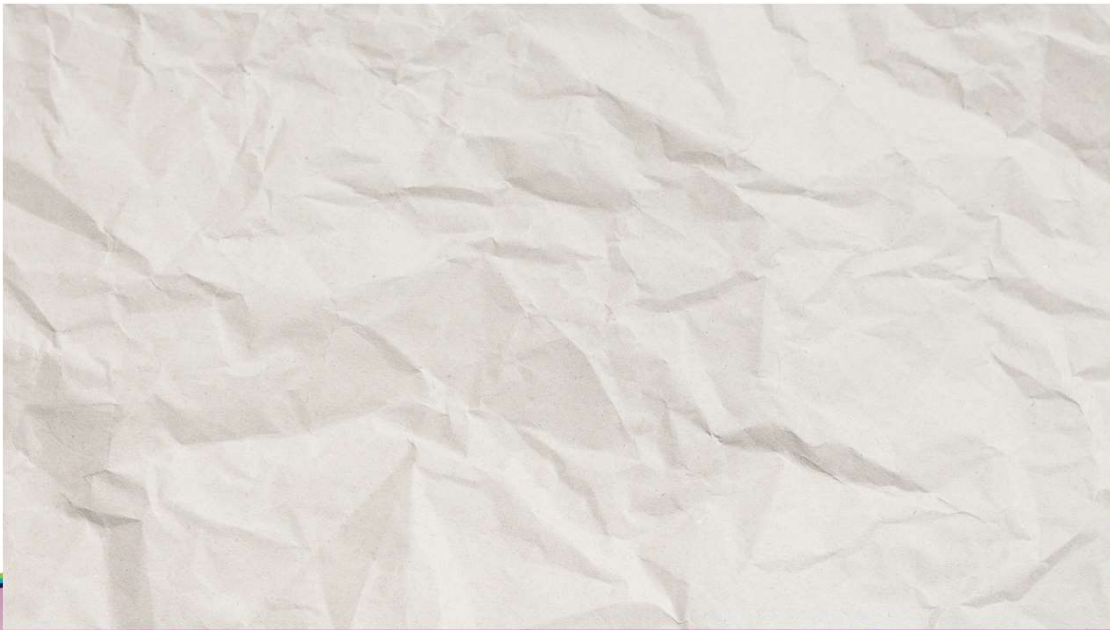
What does a Primary School do?

- Lay a strong foundation
- Nurture well-rounded individuals and passionate lifelong learners
- Provide learning opportunities that recognise their strengths and develop their full potential
- Prepare them for the future



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What is school like in West Spring Primary School?



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OUR SCHOOL VISION

Learners driven by
Passion
Leaders guided by
Values

热忱求知
馨德领英

Pelajar berteraskan
Keghairahan

ஆர்வத்தால் உந்தப்படும்
மாணவர்கள்

Pemimpin berpandukan
Nilai

விழுமியங்களால்
வழிநடத்தப்படும்
தலைவர்கள்



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OUR SCHOOL MISSION

At West Spring, we provide
opportunities for West
Springers to realise and reach
their potential whilst
developing good character
and citizenship.

在伟源小学，我们为学生提供
机会，在发展良好的品格、
成为好公民的同时，发掘并展
现他们的潜力。

Di West Spring, kami
menyediakan peluang kepada
West Springers untuk
merealisasikan dan mencapai
potensi mereka di samping
pembentukan keperibadian dan
kewarganegaraan yang unggul.

வெஸ்ட் ஸ்ப்ரிங்
தொடக்கப்பள்ளியில், மாணவர்கள்
தம் திறன்களை உணர்ந்து
அவற்றை அடைவதற்கு
வாய்ப்புகள் வழங்கப்படும் அதே
வேளையில் அவர்கள்
நற்பண்புகளையும் குடியியல்
பண்பையும் வளர்த்துக்கொள்ள
வாய்ப்புகள் வழங்கப்படுகின்றன.



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OUR SCHOOL VALUES

Respect	尊重	Hormat	மதிப்பு
Responsibility	负责	Bertanggungjawab	பொறுப்புணர்வு
Resilience	坚毅	Daya bingkas	மீளும் தன்மை
Integrity	正直	Integriti	நேர்மை
Care	关爱	Penyayang	பரிவு
Harmony	和谐	Harmoni	நல்லிணக்கம்



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SHINE Aspirations for West Springers

Show CARE FOR SELF AND OTHERS

Harness COMMUNICATION AND CONNECTION

Ignite CREATIVE AND CRITICAL THINKING

Nurture PASSION

Empower CONFIDENCE

Shine



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Year Head's Time



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Transition to Primary 1

- Transition is the process when a child encounters a move into a new environment, e.g. preschool to primary school.
- A smooth transition is made when your child
 - ✓ Feels safe and comfortable in their new environment
 - ✓ Is able to manage the daily challenges of school life.



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Transition to Primary 1

When your child enters primary school, they will experience:



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How can I prepare my child for Primary 1?

- Adjust to a larger learning environment
- Interact with more peers and teachers
- Adapt to longer school hours
- Become more independent and responsible



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Preparing for P1: Parent-Child Activity Book (PCAB)



Overview
Forms
Announcements
Groups
Meetings
Reports

Preparing for P1: Parent-Child Activity Book (PCAB)


Posted by MINISTRY OF EDUCATION on Mon 23 Oct 2023, 9:08 AM.

1 attachments

[How to Use This Book.pdf \(2.27 MB\)](#) 

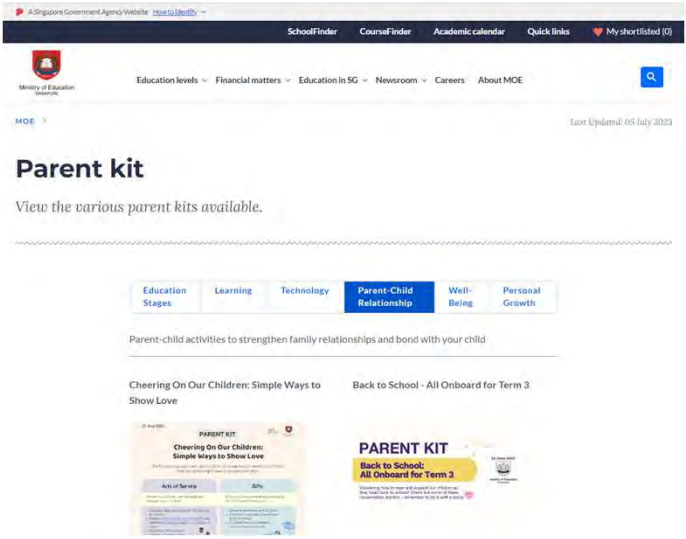
Check out the 10 Tips in this book 


<https://www.moe.gov.sg/parentkit?pt=Parent-Child%20Relationship>




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Useful MOE Parenting website







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How can I support my child through the transition?

- **S**upport your child through the challenges with patience
- **A**ffirm your child by praising their efforts and achievements
- **F**amiliarise yourself with the new school and sharing with other parents
- **E**mpathise and understand your child's feelings



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What does my child need at Primary 1?

- Everlasting patience
- Some children need more time
- Allow them to learn at their own pace
- Some children are:
 - Right
 - Different
 - Normal



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Relating to others

Build your child's interpersonal skills by:

- ✓ Modelling the use of friendly and polite phrases
- ✓ "Hello! My name is ... What is your name?"
- ✓ "May I please ..."
- ✓ Providing opportunities for your child to share and take turns during playtime with other children



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Developing Good Habits

Routines help your child build confidence and learn to manage themselves.

❖ Guide your child to do the following independently:

- ✓ Dress themselves
- ✓ Buy food at the canteen
- ✓ Make healthy food choices
- ✓ Pack their bag
- ✓ Wash their hands
- ✓ Take their temperature using a thermometer



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Nurturing Positive Learning Attitudes

Developing the right learning attitude will help your child learn better.

You can encourage your child to:

- ✓ Ask questions about their experiences and the world around them
- ✓ Express their thoughts and feelings and discuss what can be done if they have worries
- ✓ Practise life skills independently like buying food and drinks on their own and asking permission

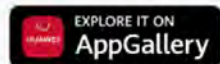


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Introducing Parents Gateway

The easier way for schools to communicate with parents.



Download "Parents Gateway" from the official app stores (Google Play, App Store or Huawei AppGallery) and ensure that the app developer is "Ministry of Education (Singapore)".



PG Step-by-step guide.pdf



Refer to WSPS
Parent letter sent
on 17 Oct 2023
(Ref No.: WSPS23/178)



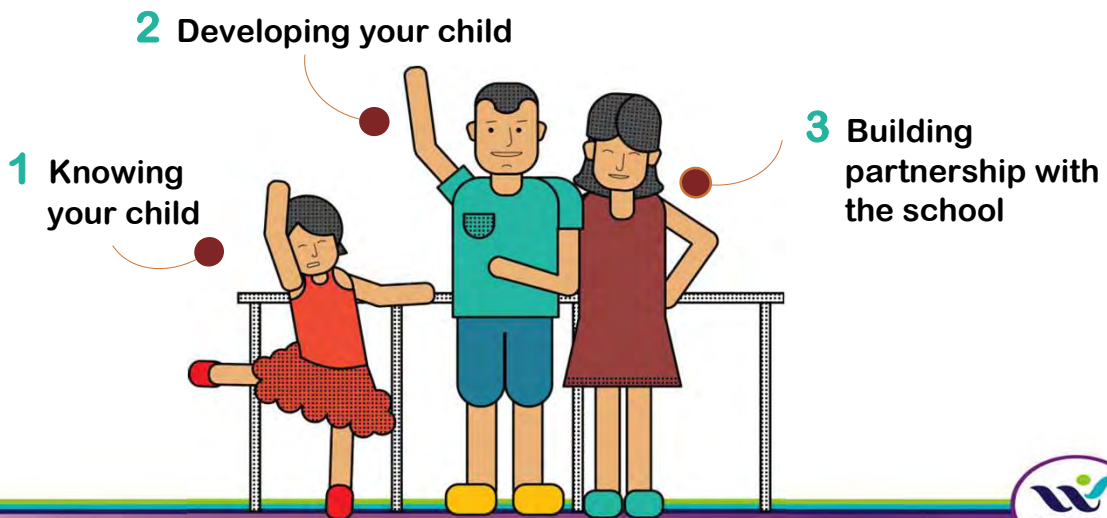
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Vice-Principal's Time



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School-Home Partnership



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Home-School Partnership

Our children do best when schools and parents work hand in hand to support them.



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Knowing your Child

Understand your child's strengths and interests.

- Work with your child's teachers to understand their strengths, interests and development in academic and non-academic areas
- Ask about your child's thoughts and feelings about school



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Developing your Child

Partner the school in the holistic development of your child.

- Allow your child to develop independence
- Encourage your child to participate in school activities
- Talk to your child regularly about values and nurture their interest in learning
- Affirm your child by recognising their efforts



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Building Partnership with the School

Maintain regular communication through official school channels.

- Have regular conversations with teachers in both academic and non-academic areas - this will help you better guide your child's development
- Ask the teacher for the best way and time to contact them



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Communication Channel



Email:
Teachers' email



Contact number:
6314 4192



Students' Handbook:
Notes from parents to teachers and teachers to parents



Communication with form
and subject teachers



Letters, notification,
consent forms



Dialogue



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Parent Support Group (PSG)

Join the Pa

- The PSG co who partner nurturing the
- It is a platfor and support
- Some of the
 - Parenting
 - Career T



<https://go.gov.sg/psgrecruitment2024>

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parents
parents in
learn
ney



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Cyberwellness Talk for Parents



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Regulating
the home
for Cyber
Wellness

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Objective:

Cyber Wellness education focuses on helping your child to be a responsible digital learner.

Source: <https://www.moe.gov.sg/education-in-sg/our-programmes/cyber-wellness>

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Why Cyber Wellness?

Information and Communication Technologies (ICT) are becoming increasingly pervasive in our world. While creating instant connectivity and access to vast repositories of information, knowledge, and opinions, the open nature of the Internet can expose our students to undesirable content and influences.

Cyber Wellness in Character and Citizenship Education (CCE) focuses on the well-being of our students as they navigate cyberspace. Our curriculum aims to equip students with the knowledge and skills to harness the power of ICT for positive purposes, maintain a positive presence in cyberspace and be safe and responsible users of ICT.

Source: <https://www.moe.gov.sg/education-in-sg/our-programmes/cyber-wellness>

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The 3 Cyber Wellness Key Messages

- Embrace the affordances of technology while maintaining a balanced lifestyle between offline and online activities.
- Be a safe and responsible user of technology and maintain a positive online presence.
- Be responsible for personal well-being in the cyberspace.

Source: <https://www.moe.gov.sg/education-in-sg/our-programmes/cyber-wellness>

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Beginning with the end in mind
(Incidents in school)

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“ Everything is permissible but
not everything is beneficial.”
(Anonymous)

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Principles and Guidelines

- 1.A young child grows exponentially in both cognitive (mind and emotions) and physical (body) aspects;
- 2.A child’s exposure in their earlier life will have significant impact on their learning and development that may manifest in their later years;
- 3.Habits, behaviour and values can be instilled and nurtured from young with structure and guidance or the lack of it.
- 4.Prolonged uncurtail exposure to non-curated online content and use of smart devices have been shown to lead to addiction and the development of undesired behaviour impacting mental wellness both in young children or adult.
- 5.Children’s exposure to online content and the use of devices should be controlled and calibrated

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Cyber Wellness = Deprivation?

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CYBERWELLNESS SHARING

PRESENTED BY MR NGOI

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I will be sharing on **what I do for my child as a young parent** and **how do I manage my family members regarding screen time.**

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SHARING AS A YOUNG PARENT

- Working parents
- Grandparents are taking care of my baby girl (20 months old)
- No helper at home
- Started playgroup at 18 months old. She goes to playgroup from 8 - 5pm.
- We take care of her on weekends.



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To manage screen time at home, it is important for all the family members to agree on the guidelines.

Here are some of the guidelines and agreements I have at my home.

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1. No screen time or TV time.
2. Not to use phone during mealtime.

**Delay it
Loan it**

Provide your child with alternative activities.

- Pencil and paper
- Small toys
- Picture books
- Playground



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How do I communicate with my family members.

Provide your family members with **alternative activities** at home.



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How do I communicate with my family members.

Provide your family members with **alternative activities** at home.



maintaining a **balanced lifestyle** between offline and online activities.

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Grandparents or a domestic helper as the main caretaker

- Grandparents are getting older.
- Helpers might not be able to help with monitoring screen time.

It is important that parents plan the after-school activities for their child, so that the child is not given too much screen time.

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3. Only use phone to play music. For her to dance and sing.
4. Not to play gun shooting game with kids.

Control it
Monitor it



Be aware of what your child do online.

- Influences from online
- Over stimulated and act aggressively
- Avoid fast paced content, eg: short videos



Screen time should be high quality and accompanied by adult.

Granny game
Momo challenge
Squid game

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How do I communicate with my family members.

Be aware of how your family members' screen use affects your child.



Children imitate what they see.

A phone is not just for games.

Embrace the affordances of technology

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Build a family culture that seeks for everyone’s voices to be heard and respected.

Enforce it

<p>Win – Lose</p> <ul style="list-style-type: none"> - I confiscate the phone as a punishment for you. You deserve it for not listening. 	<p>Lose – Lost</p> <ul style="list-style-type: none"> - I confiscate the phone and you fight back. We argue and fight.
<p>Lose – Win</p> <ul style="list-style-type: none"> - I feel helpless and let you continue to use the phone. I don’t want to experience lose-lose again. 	<p>Win – Win</p> <ul style="list-style-type: none"> - I confiscate the phone as an agreed form of discipline. We can do this together. Let’s try again.

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5. Not to praise my child when she did something “amazing” with the phone.

6. Always discuss with your husband/wife, make changes, or set new agreement if needed.

Reward it




Be aware of “rewarding” nature of games and social media.

Be a **safe** and **responsible** user of technology

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MANAGING CYBERWELLNESS
AT HOME
(WITH A SECONDARY AND
PRIMARY SCHOOL CHILDREN)

Mr. Dave Sim



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How to go from Deprivation to Calibration

Regulation + Substitution + Supervision

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MANAGING CYBERWELLNESS
AT HOME
(WITH A SECONDARY AND
PRIMARY SCHOOL CHILDREN)

Centralised Charging And 'Wifi' zone



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MANAGING CYBERWELLNESS
AT HOME
(WITH A SECONDARY AND
PRIMARY SCHOOL CHILDREN)

Open areas to use devices (including for parents)



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MANAGING CYBERWELLNESS AT HOME (WITH A SECONDARY AND PRIMARY SCHOOL CHILDREN)

Leave books and toys around.
Delay the use of online devices



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MANAGING CYBERWELLNESS AT HOME (WITH A SECONDARY AND PRIMARY SCHOOL CHILDREN)

Engage children in a variety of indoor and outdoor
activities



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MANAGING CYBERWELLNESS AT HOME (WITH A SECONDARY AND PRIMARY SCHOOL CHILDREN)

- 1. Delay it!** Determined if it is really necessary; Delay exposure to as late as possible and consider 'Offline' activities and exposure. E.g. Read offline newspapers, go to library to borrow physical books etc...
- 2. Space it!** Centralise a usage and charging area for use of devices. Avoid bringing devices into closed-door environment. Use at open spaces.
- 3. Loan it!** Avoid giving device as a gift or reward. A gift or reward may suggest some entitlement. 'Loaning' the device (an old version) and parents will still have control.
- 4. Time it!** Decide on time, duration, place and circumstance of use of the device including expected behavior.
- 5. Monitor it!** Inform your child on the need for checking, monitoring and audit on your part;
- 6. Report it!** Educate and talk to your child on the dangers and threats from unsupervised online use of devices and to report to you should he/she comes across it online.
- 7. Enforce it!** Inform your child on the consequences should the rules be breached
- 8. Reward it!** Reward your child with offline activities and experiences to enforce good and positive behavior. Avoid using screen time as a reward. Keep devices as purely a tool.

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END OF THE DAY

- Not an issue of trust but an issue of maturity
- Parents cannot totally control the quality of content but can control and educate our children to the online content and their exposure to it.
- Parents are the role – model and sometimes the 'weakest link' to helping our children manage their exposure to online content and devices.

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Every family is different, and as parents, we must find the right balance for our children.

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Thank you



Scan this QR code to download the slides.



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Year Head's Time



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P1 Booklist for 2024



If you purchase the books early, do not write their Orientation Group.

By 29 Dec, you should receive your child/ ward actual classing.



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Preparing your child for school...

Class Connection Time - Zoom session with Form Teachers



29 Dec,
Friday
9.30 am




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First Day @ West Spring Primary School 2 January 2024




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First Day at West Spring Primary School (for Parents)

- Parents' Briefing
- Observe your child having recess in the canteen
- Parents' Engagement




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No. of Food Stalls in Canteen

- 7 stalls in total (1 stall – vacant for Muslim Halal food)
- 3 Chinese stalls
 - Chicken rice
 - Noodle
 - Mixed rice
- 3 Halal stalls
 - Food and snack e.g. Halal Pau, Siew Mai, Loh Mai Kai
 - International Food
 - Muslim rice / noodle / mee rebus / mee siam / etc.

Still looking for suitable candidate to take up the vacant stall. If you have experiences in running F&B and interested, can contact our school.



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The journey starts... (2 Jan onwards)

School Hours:

Reporting Time	By 7.30 a.m.
P1P4 Recess	9.00 a.m. - 9.30 a.m.
Dismissal Time	1.20 p.m.



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Safety in West Spring Primary School - Arrival

- School gate opens at 6.30 a.m.
- Parents are allowed to drive in and drop off your child at the school foyer from: **6.30 a.m. - 7.30 a.m.**
- Students are advised to reach school by **7.25 a.m.**



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Dismissal

- Your child should be picked up **on time** at **1.20 p.m.** every day.
- Make sure that your child is picked up at the **same** location everyday. (Gate A*)
- Let your child know if you have any special pick up arrangement for that day.
- Do inform the school, teachers and/or your caretakers early if any last minute special pick up arrangement is made for dismissal.

Students going SCC (NASCANS) report to **Common Area. Students taking school bus report to foyer.*



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NASCANS Common Area



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Safety in West Spring Primary School - Dismissal



Class flashed
on screen

- Teachers will dismiss students from Gate A (side) and students must make their way out in an orderly manner.



Gate A
(side)

**You will have a chance to try the dismissal structure later.*



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Safety in West Spring Primary School - Dismissal



Class flashed
on screen

- Parents to **wait opposite the school** and only cross over when your child's class is flashed on the screen.



**You will have a chance to try the dismissal structure later.*



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Common P1 Parents' Questions

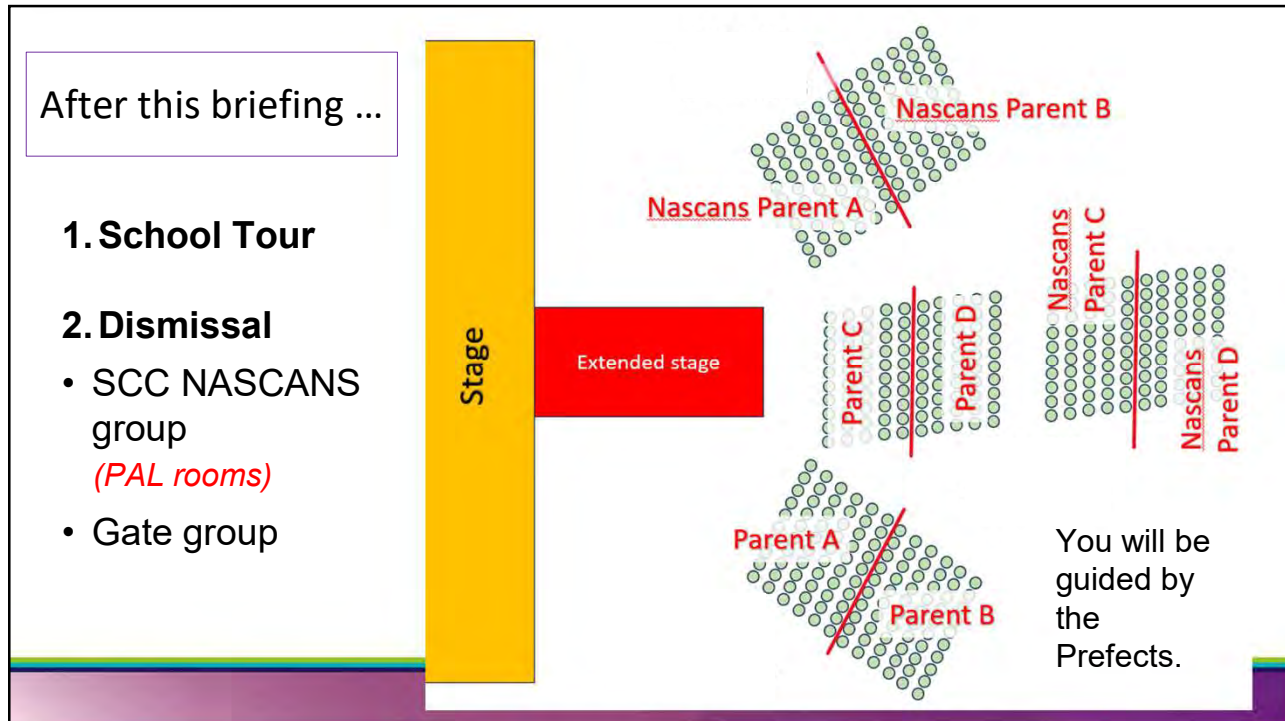
Will the parents know the school calendar of events?

How will my child be supported for the first few weeks?



The slide features a white background with a purple and rainbow gradient footer. The title 'Common P1 Parents' Questions' is in black. Two blue speech bubbles contain the questions. The WestSpring Primary School logo is in the bottom right corner.

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